



SHARK BITES

Thursday, January 17, 2008

PRACTICE TIMES

Practice schedule will continue as normal
(Additional practices may be announced by coaches)

Lefler Middle School

Thursday

	<u>East Gym</u>	<u>West Gym</u>
6:00-7:00	4 th Boys	5 th Boys
7:00-8:00	8 th Girls	8 th Boys

Dawes Middle School

Wednesday

Court 2

6:30-8:45 7th Boys

27th Annual MIT Basketball Tournament

The Lincoln YMCA Youth Sports Branch will be hosting the 27th Annual MIT Basketball Tournament on **March 8th and 9th, 2008**. The tournament will feature over 400 teams from Nebraska and surrounding states.

All SHARK teams will be participating this year, watch for more information coming soon!

Practice

NYAA is not only interested in teaching your child the game of basketball, but also the discipline that goes along with it. One of the ways we instill discipline is in the way we approach our practices. As this does affect the process of teaching other areas of basketball, we do feel it is important and critical in developing the youth as an athlete and a well rounded person. We appreciate your continued support in this matter and we ask that you share with your child the importance of hard work and discipline.

Uniforms

We are noticing some players wearing uniforms to practice, as a reminder that game uniforms are for games only, please do not wear uniforms to practice.

QUESTIONS/CONCERNS

As a reminder, coaching should be left to the coaches, if there are any questions or concerns, please contact your coach, but you must allow at least 24 hours following the game. If you continue to have concerns, please contact Derrick Vick – 202-9325.

Remember, kids like talking about sports so much; they'll even talk about it with their parents if they feel like their parents really want to hear what they have to say.

Tip from Positive Coaching Alliance for Responsible Sport Parents

PRACTICE MAKES PERFECT

While we make the most of our practice sessions, practicing one time a week is not enough to fully develop your basketball skills. The serious athlete will set aside time to practice on their own to perfect their game.

Pick up a ball while you are on school break and practice your dribbling and shooting skills. You can work on the same dribbling drills we do at practice in your own driveway. We also recommend jumping rope; this is something that you can do on your own that will benefit your performance.

Coaches will call teams if there will be a cancellation for a practice. To find out if a game is cancelled, call the YMCA Cancellation Line at 434-9211.

Game Schedule for 01/20/2007

4th grade boys- vs – Jayhawks LUX 3 4:00 (1/19/2007)

5th grade boys- vs – Blue Devils – SE 4 – 6:00

7th grade boys- vs – BYE

8th grade boys- vs – Crusaders – SE 2 – 4:00

8th grade girls- vs – Beatrice Black- SE 1 – 2:45

Remember to be at the game site 30 minutes prior to game time in full uniform.

SPORTSMANSHIP*SPORTSMANSHIP*SPORTSMANSHIP

We would like to thank our Shark Fans and Family members for continuing to display outstanding sportsmanship